

Job Title: Liva Health Coach

Hours: Part-time, up to 3 days/week, self-employed

Location: Flexible

Are you a registered dietician?

Are you an empathetic, natural-relationship-builder, who can talk to anyone and everyone?

And can you demonstrate strong coaching and motivational interviewing skills, to support health behaviour change?

We are looking for dieticians to support people with weight management.

If this sounds like a good fit, you have the unique qualities we are looking for, and we want to hear from you!

At Liva Healthcare, we have created a digital programme that enables scalable, personalised and relationship-centric lifestyle interventions, in order to halt or reverse lifestyle conditions such as Type 2 Diabetes and Obesity.

We are busy conquering the world with our technology and programmes, chosen by highly selective clients like NHS England, AXA PPP and several other key players in healthcare, pharma and insurance globally.

We are always on the lookout for talented health coaches, who prioritise relationship building, collaboration and conversation; supporting people to improve their wellbeing and learning to confidently sustain their new habits.

Essential qualities we are looking for:

1. Demonstrable training and experience of health behaviour change coaching skills, ideally Motivational Interviewing, or similar.
2. An integrated approach to health – your knowledge and approach should incorporate multiple areas of wellbeing.
3. A deep understanding of health coaching as a unique approach to facilitating lifestyle change.
4. A minimum of a health-related bachelor degree – ideally a Registered dietician.
5. An independent, self-motivated, organised individual.
6. Happy to integrate with a remote team.
7. Comfort with English – and ideally fluent in French and Dutch
8. Tech-savvy – you use apps and computer-based systems like a **pro**.
9. You are able to attend training occasionally and when required, but mostly this will be making time for remote webinars.

10. Most importantly, your values should align with ours; you have empathy and a drive to engage with an innovative, fast-changing environment.

At Liva we do not go to work, just to work, but because we are fortunate enough to help people improve their chronic conditions. Having relationship-focused, professional and caring Health Coaches to deliver our programmes, is not only important, but a top priority.

If you need more info about Liva Healthcare or the position, please visit our website:

www.livahealthcare.com.

We look forward to hearing from you!

Please send your application as soon as possible to

<https://careers.livahealthcare.com/jobs/1174287-dutch-french-speaking-dietician>